

DR. OSAMA AHMED ALAHDAL,
MBBS, FRCPC, FIPP
Consultant, Anesthesiologist and Pain Management



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Al Salama Hospital

Department of Anesthesiology and Pain Medicine

📍 **King Abdulaziz Road, (ALMALIK), Jeddah, Saudi Arabia**

MAIN INTEREST AND OBJECTIVE

Conduct and teach safe approach to pain management for our patients, by performing quality care, updates and educations to patient and to health care workers, and improve the subspecialty in pain medicine practices.

Introduce the new the techniques and equipment that will add safely and speed to pain management services and anesthesia specialty.

Promote the development of Pain Management center with a multi-disciplinary approach to pain treatment and Interventional Pain Treatment Unit. Increase professional and public awareness with regard to the importance of career and non-cancer pain management. Implement interventional pain techniques, and minimally invasive spine procedures.

CERTIFICATIONS

September 2012	FELLOWSHIP (FIPP) , Interventional Pain Practice, from the World Institute of Pain WIP, Budapest, Hungary (the First –and – Only Saudi with this certificate)
June 1998	FELLOWSHIP (FRCPC) , Royal College of Physicians and Surgeons of Canada, Specialty in Anesthesia
June 1999	FELLOWSHIP, Pain Management , University of Ottawa/ University of Toronto, Canada (2 years)
July 1989	MEDICAL DEGREE (MBBS) , College of Medicine & Allied Sciences, King Abdulaziz University, Jeddah , Saudi Arabia

PROFESSIONAL WORK EXPERIENCE – ANESTHESIOLOGY / PAIN MANAGEMENT

March 2024- to Present	Consultant Anesthesiologist and PAIN Management Al Salama Hospital, Jeddah, Saudi Arabia Concentrating currently in Development and practicing Pain Management and Interventional Pain Procedures to All pain patient
Feb 2020- March 2024	CHAIRMAN, DEPARTMENT OF PAIN MEDICINE International Medical Center, Jeddah , Kingdom of Saudi Arabia Supervise and monitor over the clinical and administrative work of the department, to promote effective and efficient quality care in the department (outpatient and inpatient) and delegate administrative responsibility as necessary for the efficient care of the patients.
March 2014 –Feb 2020	CHAIRMAN, DEPARTMENT OF ANESTHESIA International Medical Center, Jeddah , Kingdom of Saudi Arabia
Feb 2009 – March 2014 August 2000- March 2014	CHAIRMAN, Clinical pathway committee, KFSH & RC - Jeddah HEAD SECTION, PAIN SERVICES AND CONSULTANT, ANESTHESIOLOGIST Department of Anesthesiology, King Faisal Specialist Hospital & Research Center Jeddah, KSA HEAD CLINICAL PATHWAY COMMITTEE
August 2000-Oct 10 Aug 1999 – Jul 2000	DIRECTOR, Residency Training, KFSH & RC – Jeddah CONSULTANT, ANESTHESIOLOGIST, and Section Head Pediatric, Anesthesia, King Khalid National Guard Hospital, Jeddah, Saudi Arabia Performed a variety of general and regional Anesthesia Pre-operative assessments, on-call duties including ICU coverage, obstetric epidurals, resident teaching, general lectures, prepared internal APP guidelines for parental presence in OR, prepared hospital IPP for sedation/ analgesia guidelines, consultation services for chronic and cancer pain.
Jul 1999- Aug 1999	ASSOCIATE CONSULTANT, King Faisal Specialist & Research Center- Riyadh , KSA
Jan 1999- June 1999	CLINICAL FELLOW, Department of Anesthesia, Pain Management Program, Sunnybrook Hospital, University of Toronto, Toronto, Canada
Jan 1997- Dec 1998	CLINICAL FELLOW, Department of Anesthesia, Pain Management Unit of Ottawa, Canada Sub-specialty training focused on a variety of pain areas including chronic low back pain and neck pain, headache, neuropathic musculoskeletal and cancer pain. Additional Training was provided in interventional pain management such as diagnostic nerve block, peripheral nerve rhizolysis and spinal cord stimulation devices, intrathecal pump implants.
July 1996- June 1997	RESIDENT (V) , Department of Anesthesia, Faculty of Medicine, University of Ottawa, Ottawa, Canada

July 1993- June 1996	Resident (II-IV) , Department of Anesthesia, Faculty of Medicine, University of British Columbia, Vancouver, Canada.
Oct 1992- June 1993	RESIDENT , Department of Anesthesiology, King Faisal Specialist Hospital & Research, Riyadh, KSA
Oct 1990 – Sept 1992	RESIDENT , Department of Anesthesia specialties, such as: neuro, thoracic, vascular, obstetric, analgesia, regional cardiac transplant (excluding liver), ENT & ophthalmic, trauma and orthopedic. Additionally, sedation administered outside OR, outpatient, pre-admission units and ICU.
	INTERNSHIP (PGY 1) , National Guard, King Khalid Hospital Program included: 3 months each Ob/Gyn, Pediatrics, Urology and Ophthalmology

MEMBERSHIP

MEMBER, World Institute of Pain- WIP
 MEMBER, Saudi Society of Pain Management
 MEMBER, Health Science Training Program, KFSH& RC- Jeddah
 MEMBER, ER Addiction Management Task Force, KFSH & RC-J
 MEMBER, International Association for the Study of Pain
 MEMBER, Canadian Anesthesiologists Society
 MEMBER, Pan Arab Society of Pain Management

AWARDS

March 24, 2021	Patients' Choice Award – One of the best doctors at IMC 2020
1996	THE GOLDEN EPIDURAL AWARD, for best MD performance and management of epidural anesthesia and analgesia, University of British Columbia, Vancouver, Canada

PERSONAL DATA

Gender	Male
Date of Birth	16 March 1967 / 5 Dhu Al Hijja 1396
Nationality	Saudi
Marital Status	Married, with 2 Children
Languages	English, Arabic
Health	Good

REFERENCES

1. **Dr. Khaled B. Alem**
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6. **Dr. Ezzuldin Ibrahim**
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9. **Dr. Abdulrahim M. Gari BSc, FRCS (C) , FACOG**
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Previous References

10. **Dr. David Beven, MB, Bchir, MRCP, (UK), FFARCS**
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Editor-in-Chief, Canadian Journal of Anesthesia
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11. **Dr. Dennis Reid, MB, CH.B(Aberd), FRCPC, FRAC (Eng)**
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12. **Dr. Eleanor Reimer, MD, FRCPC**
Program Director

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13. Dr. John Watsons, MD, FRCOC
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14. Dr. Himat Vaghadia, MB, BS, MHSC, FRCPC
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Director of Outpatient Anesthesia
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15. Dr. Anthony Boulton, MBBS, MRCP (UK), FRCPC
Department of Anesthesia UBS (VH)
President of the Canadian Anesthesiologist Society
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16. Dr. Gill Faclier, MD, FRCPC
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17. Dr. Khalid Sami
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