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Nationality

- ***Egyptian British***

Education:

- ***M.B.,B.Ch*** December 1990.
Faculty of Medicine.
Ain- Shams University-Cairo.
Grade: Excellent with honor.
- ***M.Sc.*** Orthopedic surgery November 1994.
Faculty of Medicine.
Ain- Shams University-Cairo.
Grade: Excellent with honor.
- ***M.D*** Orthopedic surgery November 1998.
Faculty of Medicine.
Ain Shams University-Cairo.

Summary of Experience:

- ***House officer*** -Ain Shams University Hospitals, (1991-1992).
- ***Resident*** of orthopedic Surgery - Ain Shams University Hospitals, (1992-1995).
- ***Associate Lecturer*** in orthopedic surgery-Ain Shams University Hospitals,(1995-1998).
- ***Spine Fellow*** – Queen’s Medical Center, Nottingham, June - September (1996).
- ***Lecturer*** in orthopedic surgery - Ain Shams University Hospitals, (1998-2004).
- ***Associate Professor in*** orthopedic surgery-Ain Shams University Hospitals, (2004 till 2008).
- ***Professor in*** orthopedic surgery-Ain Shams University Hospitals, (2008 till present).
- ***Consultant spine surgery- Mokatam Hospital.***(Health Insurance)
- ***Consultant spine surgery- Alganzory Hospital.***
- ***Consultant spine surgery-International medical center.***
- ***Consultant spine surgery-Ain-Shams Specialized Hospital.***
- ***Consultant spine surgery-Dar Elhekma Hospital***
- ***Consultant spine surgery Nassaem Hospital***

- **Head of AOSpine local chapter till 2009**
- **Head of AOSpine Middle East Education from 2009**
- **Used to be Consultant spine surgeon at :**
 - *Alhelal hospital*
 - *Sednawy hospital*
 - *October hospital*
 - *Nasr city hospital*

Present positions:

1. **Professor of Spine Surgery- Ain Shams University *Cairo*.**
2. **Head of Spine unit at Ain Shams University *Cairo*.**
3. **Head of Spine Unit at International Medical Center *Cairo IMC*.**
4. **Head of Spine Unit at Ganzory Specialized Hospital *Cairo***

Training Courses:

Orthopedics:

- **AO Basic Course**, Cyprus (1994).
- **AO Advanced Course**, Egypt (1996).
- **AO Pelvis Course**, England (1996).
- **Orthofix Course of External Fixation and Bone Lengthening** (1996).
- **AAOS Basic Science** (1997).
- Several courses held in Ain Shams University Hospitals e.g. THR, TKR, Interlocking Nails... etc.

Spine Courses and board meetings:

- **AOSpine advanced course** England (1996).
- **The Diapason Spine Symposium** (1996).
- **Computer Assisted Spine Surgery** (1996).
- **Symposia on the USS, AO cages**, England (1996).
- **Spine Course** Dr. R. Louis, France (1997).
- All courses, workshops and symposia held in our hospitals by different companies: Smith and Nephew, Acromed, Stryker, Sofamore-Danek, Oswestry....etc.
- **Minimally Invasive Anterior surgery of Lumbar Spine**, Bordeaux (2001).
- **Endoscopic Thoracic Fusion Course**, Bordeaux (2001).
- **AOSpine interactive course**, Switzerland (2004).
- **AOSpine live spine surgery symposium**, Switzerland (2005).

- **AOSpine** course, Dubai (2005)
- **AOSpine** course, Saudi Arabia (2006) **Faculty member**
- **AOSpine** course, Egypt (2006) **Faculty member**
- **I-MAST** meeting, Athens(2006)
- **AOSpine** course, Dubai (2006) **Faculty member**
- **AOSpine** Middle East Committee Meeting (2006)
- **AOSpine** T4Tcourse, Dubai (2006)
- **AO interactive spine** course,Davos,(2006)**Faculty member.**
- **Stryker** scoliosis training course (2007) **Turkey**
- **AOSpine** course, Bratislava (2007) **International Faculty member**
- **AOSpine** course, Dubai (2007) **Faculty member**
- **AOSpine** Middle East Committee Meeting (2007)
- **AOSpine** interactive Cervical spine course,Davos,(2007)**International Faculty member.**
- **AOSpine** interactive Degenerative and deformity spine course, Davos, (2007) **International Faculty member.**
- **AOSpine** interactive Master spine course,Davos,(2007)**International Faculty member.**
- **AOSpine** interactive Trauma and tumour spine course,Davos,(2007)**International Faculty member.**
- **AOSpine** interactive thoracolumbar spine course,Davos,(2007)**International Faculty member.**
- **AOSpine** principles course, Egypt (2008) **International Faculty member.**
- **AOSpine** deformity course, Egypt (2008) **International Faculty member.**
- **AOSpine** Middle East Committee Meeting (2008)
- **AOSpine** principles course, Dammam **(2008) Faculty member.**
- **2nd Spine** course, Kuwait (2008) **Faculty member.**
- **AOSpine** Advanced course, Dubai (2008) **Faculty member**
- **AOSpine** board meeting AOSME (2008)
- **AOSpine** advanced course, Dubai (2009) **Chairman.**
- **AOSpine** advanced course, Egypt (2009) **Chairman**
- **AOSpine** board meeting AOSME (2009)
- **AOSpine** advanced green course, Kuala Lumpur (2009) **International Faculty member**
- **AOSpine** advanced purple course, Kuala Lumpur (2009) **International Faculty member**
- **AOSpine** advanced yellow course, Kuala Lumpur (2009) **International Faculty member**
- **AOSpine** advanced red course, Kuala Lumpur (2009) **International Faculty member**
- **AOSpine** Monsoon Seminar.Jaipur, India (2009) **International Faculty member**
- **AOSpine** Monsoon Seminar.Bubaneswar India (2009) **International Faculty member**
- **AOSpine** Monsoon Seminar, Mangalore,India (2009) **International Faculty member**
- **AOSpine** Master Symposium 1,Davos (2009) **International Faculty member**
- **AOSpine** Master Symposium 2,Davos (2009) **International Faculty member**
- **AOSpine** Master Symposium 3,Davos (2009) **International Faculty member**
- **AOSpine** Master Symposium 4,Davos (2009) **International Faculty member**
- **AOSpine** Education commission meeting (2009)
- **AOSpine** Master course, Dubai(2010) **Chairman**
- **AOSpine** board meeting AOSME (2010)
- **AOSpine** Tips for Educational Directors Training Davos (2010)
- **AOSpine** Education commission meeting (2010)

- **AOSpine** curriculum meeting Hong Kong (2010)
- **AOSpine** advanced course, Davos (2010) **Chairman**
- **AOSpine** principles trauma course Cairo (2011) **Chairman**
- **AOSpine** Advanced degenerative course Dubai (2011) **Chairman**
- **AOSpine** board meeting AOSME (2011)
- **AOSpine** Master seminar deformity Saudi Arabia (2011) **Educational director**
- **AOSpine** Advanced degenerative lumbar course Davos (2011) **Educational director**
- **AOSpine** Evaluation meeting Davos (2011).
- **Eurospine** Diploma Modules (April 2014)
- **Eurospine** Diploma Modules (October 2014)
- **36th International** Training Course for Full-endoscopic Operations of the Lumbar, Thoracic and Cervical Spine, September 25th - 26th 2015, Herne / Düsseldorf (Germany)
- **19th Spinal** Advanced Microsurgery Course ,October 1-2, 2015 in Munich
- **20th Spinal** Advanced Microsurgery Course ,February 18–19, 2016 in Munich
- **21th Edition** of the Course on Spinal Advanced Microsurgery (SAM),September 29-30, 2016 ,Munich, Germany
- **TSSULA 2106** (Transforaminal Stichless Spine surgery Under Local Anesthesia) Ahmedabad, India 14-16 October 2016
- **TSSULA 2108** (Transforaminal Stichless Spine surgery Under Local Anesthesia) Hyderabad , India 12-14 January 2018 Faculty member
- **TSSULA 2108** (Transforaminal Stichless Spine surgery Under Local Anesthesia) Ahmedabad, India 16-18 March 2018 Faculty member
- **Chairperson of 1st** Spine unit, Ain Shams Hospitals Live surgery workshop with Hands-on; Cervical and dorsal screw fixation, Cairo (February 2018)
- EOA (Program Of Cadaveric Hands On Spine course), Ain Shams University-faculty of Medicine Wet Lab (December 2018)
- **Chairperson of 2nd** Spine unit, Ain Shams Hospitals Live surgery workshop with Hands-on; PLIF and TLIF (December 2018)
- **Chairperson of 3rd** Spine unit, Ain Shams Hospitals Live surgery workshop with Hands-on; Basic minimally invasive spine techniques (January 2019)
- **Chairperson of 1st annual** Ain Shams orthopedics conference, Cairo (March 2019)
- **Chairperson of 4th** Spine unit, Ain Shams Hospitals Live surgery workshop with Hands-on; Percutaneous transforaminal endoscopic discectomy (March 2019)
- **Chairperson of 5th** Spine unit, Ain Shams Hospitals Live surgery workshop with Hands-on; Advanced minimally invasive spine techniques (March 2019)
- **Chairperson of 6th** Spine unit, Ain Shams Hospitals Live surgery workshop with Hands-on; Cervical spine surgery (June 2019)
- **49th International Symposium** for Full-endoscopic Surgery of the Lumbar, Thoracic and Cervical Spine, Germany (September 2019)
- **RIWOspine** Education Program Full-endoscopic Spine Surgery, INTENSIVE Training Course, Germany (December 2019)
- Faculty at **MENA SINO**, Spine Care Center Middle East: Advanced course (Transforaminal endoscopic discectomy, Percutaneous lumbar foraminoplast, Spinal cord stimulation and epiduroscopy) , Endoscopic

spine cadaveric workshop, Cairo (February 2020)

- Faculty at **AO Spine** Advanced Level Live Surgery Seminar—Minimally Invasive Spinal Surgery (Endoscopic spine surgery) (February 2020)
- **Chairperson of 7th** Spine unit, Ain Shams Hospitals Live surgery workshop with Hands-on; Pedicle screw fixation, PLIF, TLIF, Vertebroplasty, Anterior and Posterior cervical fixation (February 2020)
- **Chairperson of 1st** Ain Shams University Spine Webinar “Understanding the sagittal balance”(July 2020)
- **Faculty** at BritSpine conference (March 2021)
- **Faculty** at 15th Annual conference of Alexandria Spine Group (March 2021)
- **Faculty** at 11th Annual Meeting of the Egyptian Spine Association (November 2021)
- **Chairperson** of quarterly held “Ain Shams Spine Workshops” (2020-2025).
- **Chairperson** of 1st Spine and Dine meeting, Ain Shams University hospitals (February 2022)
- **Chairperson** of 2nd Spine and Dine meeting, Ain Shams University hospitals (September 2022)
- **Chairperson** of ESA workshop: Spinal endoscopy interactive workshop (November 2022)
- **Chairperson** of AOSpine Symposium; Spinal infection (November 2022)
- **Chairperson** of 3rd Spine and Dine meeting, Ain Shams University hospitals (March 2023)
- **Chairperson** of “Spine Day; Basic Knowledge course”, Ain Shams University hospitals (May 2023)
- **Chairperson** of “Spine Day; Spine essential revision notes”, Ain Shams University hospitals (September 2023)
- **Chairperson** of “Spine Day; Cervical spine course”, Ain Shams University hospitals (April 2024)
- **Faculty** at 7th Assiut Orthopedic and Trauma Conference (April 2024)
- **Chairperson** of “Spine Day: Essentials of Spine Trauma Management (September 2024)
- **Chairperson** of “Spine Day; Spine tumor course”, Ain Shams University hospitals (February 2025)
- **Faculty** at 19th Annual conference of Alexandria Spine Group (April 2025)
- **Committee member** at “**NASS Endoscopic Spine Surgery Essentials: Interlaminar Lumbar discectomy**”

Memberships:

- EOA:Egyptian Orthopedic Association.
- Egyptian Spine Group.
- PAOA: Arab Orthopedic Association.
- Middle East Spine Group.
- AO Alumni Association.
- AOSpine membership.
- **Eurospine international member**
- **MISS (Minimally Invasive Spine Society) international member**
- **NASS (North American Spine Society) international member**

International positions:

- **Head Of AOSpine Egyptian Chapter**
- **Head of AOSpine Education Middle EAST**
- **Educational director AOSpine international**
- **Shared in putting Spine curriculum of AOSpine foundation**
- **Consultant spine Surgery at Burjeel Specialty Hospital Dubai**
- **Consultant spine Surgery at Mediore Hospital Dubai**
- **Consultant spine Surgery at Delma Orthopedic Center Dubai**

International books:

Editor of (THE SPINE) two volumes book about spine surgery by JAYPEE BROTHERS MEDICAL PUBLISHERS

Surgical Training Programs:

In Egypt:

- Operated in many fields of orthopedic surgery both as surgeon and first assistant. In addition, carried routine duties in preparing morning rounds, everyday care for inpatients and seminar cases under supervision of my professors during my residency.
- Performed a variety of spine surgeries in my university hospital starting from 1994 as my subspecialty, that includes :
 - **Disc Surgeries including routine fenestration, as well as endoscopically guided.**
 - **Surgical management and stabilization of spinal fractures**
 - **Surgical management of spine infection and tumors.**
 - **Surgical correction and stabilization of spine deformities.**
 - **Surgical management of spinal canal stenosis.**
 - **Artificial disc surgeries.**
- *Prepared a thesis for my M.D. degree comparing the results of interbody lumbar spine fusion with bone graft vs. cages, (1994)*
- *Supervising MD.Thesis involving different spine fields like TLIF, Artificial disc surgery (lumbar and cervical)*

In Europe:

- Received one month training on the use of Brantigan Interbody Fusion Cages in PLIF and ALIF in the Netherlands and Belgium (1996).
- Received training on the management of spine deformities in the Royal National orthopedic Hospital in London.
- Awarded **15 weeks AOSpine fellowship** in the spine unit, Queen's Medical Center, Nottingham. I was involved in a variety of spine surgeries including trauma, tumors, degenerative spine, rheumatoid spine, minimally invasive surgeries...etc.
- Attended spine surgeries with well-known spine surgeons (e.g. Dr. Alexander G. Hadjipavlou, Dr. Behrooz A. Akbarnia, Mr. Tim Morley and Mr. J. k. Webb..... starting from 1994 till now.
- Received Endoscopic spine surgery training at Schoen clinic with Prof. Siepe, Munich (July 2019)
- Received Endoscopic spine surgery training at Schoen clinic with Prof. Winkler, Poland (December 2019)

Shared as a supervisor in research projects for Master and MD degrees:

Short Summary

- Nontuberculous spinal infections
- Medical treatment for acute spinal cord injuries
- Instability of inferior radioulnar joint
- Interbody fusion of lumbar spine assessment
- Management of radial head fractures
- Bone graft substitutes
- Management of C1-C2 traumatic instability
- Stand alone cage fusion in degenerative cervical disc disease

- Total Knee replacement in genu varum
- Management of avascular necrosis of femoral head
- Arthroscopic reconstruction of ACL
- Management of osteoporotic fractures in long bones
- Total hip replacement –Mini approach
- Total disc replacement in degenerative lumbar spine
- Management of lumbar disc prolapsed using coblation
- Ballon Kyphoplasty in osteoporotic fractures
- Stem cell therapy in spinal cord injuries
- Management of heel pain using endoscopy
- Management of lytic spondylolisthesis
- Management of thoracic disc prolapsed
- Periprosthetic fractures following THR
- Shoulder hemiarthroplasty in humeral tumors
- Microscopic discectomy of lumbar spine
- TLIF in degenerative lumbar spine
- TDR in degenerative lumbar disc disease
- Minimally Invasive Percutaneous fixation of type A3 & A4 thoracolumbar fractures
- Full endoscopic transforaminal discectomy versus microdiscectomy in management of lumbar disc herniation: A randomized controlled trial
- Unilateral Biportal Endoscopic Spinal Surgery versus Uniportal Endoscopic Spinal Surgery in Lumbar Canal Stenosis: Clinical Results and Complications: A systematic review
- Endoscopic Rhizotomy in Management of Facetogenic Chronic Lumbar Pain
- A comparative study between minimally invasive transforaminal lumbar interbody fusion (MIS-TLIF) and open transforaminal lumbar interbody fusion (TLIF) in treatment of degenerative lumbar spine diseases: A Randomized controlled study
- Short term outcomes after unilateral biportal endoscopic versus conventional open laminotomy in lumbar canal stenosis: A randomized controlled trial

Personal Data:

- Born on December 6th, 1967 in London, England.
- Enjoy swimming, table tennis

References

- Ain Shams spine unit colleagues
- AOSpine colleagues in many countries